

Coalition forms to coordinate care resources in Des Moines County

Des Moines County is one of six communities receiving State Innovation Model: Community Care Coalition (C3) Initiative grants through the Iowa Department of Public Health. Great River Medical Center applied for the grant on behalf of the community, in partnership with the Des Moines County Public Health Department and the Southeast Iowa Regional Planning Commission.

The purpose of the local coalition is to coordinate Des Moines County's care resources to:

- Improve access to residents
- Improve communication among providers
- Improve transitions among care services
- Initiate changes to improve the community's health
- Integrate services to strengthen programs

"Des Moines County has many great organizations that help improve the health of the entire community," said Mark Richardson, president and CEO, Great River Health Systems. "The C3 Initiative grant will strengthen partnerships and communication between these organizations so we can work together to avoid duplication and focus on providing the services our community needs."

The first contract period of the grant began Monday, March 7, and it will end Jan. 31, 2017. There is an option to renew the grant for an additional two years.

The C3 Initiative will focus on seven areas: diabetes, mental health, obesity, poverty, tobacco use, violent crime and social determinants of health – social, economic and physical conditions in which people are born and live. Mental health, obesity, poverty and violent crime were identified as the greatest needs in Des Moines County in recent community health needs assessment. The remaining three areas were named areas of need by the Iowa Department of Public Health.

The C3 steering committee will consist of:

- Members of the three organizations that applied for the grant
- Representatives from other organizations that provide services in the focus areas
- People who use services in the focus areas
- Organizations that are affected by and interested in the community's health

"Our community offers many services that are underutilized and unfamiliar to providers, citizens and social services agencies," said Barbara Baker, administrator, Des Moines County Public Health Department. "The community coordinator overseeing this grant will pull these services together and help disseminate information."

The grant provides funding for a full-time coordinator, supported by an administrative assistant, who will organize and monitor the community's efforts. A search began Monday. Candidates may apply at www.greatrivermedical.or/careers.

“The Southeast Iowa Regional Planning Committee is excited to be part of this grant opportunity to improve the health in our region,” said Zach James, planning director. “With southeast Iowa being among the unhealthiest areas in the state, this is the opportunity we need to begin the transformation of our region into a healthier place to live for all residents.”

The grant aligns with Gov. Terry Branstad’s goal to make Iowa the healthiest state in the nation.

“Hospitals, public health agencies, nursing facilities, education organizations, local government and more will come together in these six communities to transform the health care delivery system,” Branstad said.

The six C3 communities, awarded a total of \$1.3 million in aggregate for their first year’s work, were

selected by an evaluation committee consisting of state government and other partner organizations.

The other C3 awardees and their communities are:

- Community Health Partners of Sioux County – Sioux County
- Dallas County Public Health Nursing Services – Dallas County
- Linn County Board of Health – Linn County
- Marion County Public Health Department – Appanoose, Clarke, Decatur, Lucas, Marion, Monroe, Ringgold and Wayne counties
- Webster County Health Department – Buena Vista, Calhoun, Hamilton, Humboldt, Pocahontas, Sac, Webster and Wright counties

The State Innovation Model is led by the Iowa Department of Human Services, Iowa Department of Public Health and Iowa Healthcare Collaborative.

New providers



Kala Haisch, ARNP
Great River Mental Health
Mercy Plaza, Suite 251
1225 S. Gear Ave.
West Burlington, IA 52655
319-768-3700



Jennifer Shelton, CRNA
Surgical Services
Great River Medical Center
319-768-3030



Angela McGregor, D.N.P.
The Keokuk Clinic
1603 Morgan St.
Keokuk, IA 52632
319-524-6274

Brooks and White to receive EXCEL Service Hero awards March 16

Julie Brooks, Heart and Vascular Center, and Margo White, Great River Klein Center, will receive EXCEL Service Hero awards at 2 p.m. Wednesday, March 16, in the Cafeteria. Refreshments will be served.

Great River Health Systems regularly recognizes employees who demonstrate actions that extend beyond routine, expected employee behavior. Criteria for the service hero award are based on the health system's philosophy of care. EXCEL stands for Enthusiastically friendly, X-ceeding expectations, Caring and compassionate, Energetic teamwork, and Leadership and professionalism.

Excerpt from Julie Brooks' nomination



Julie went above and beyond for a critically ill patient who was transferred to a Chicago hospital for surgery. The surgeon requested the patient's cardiac catheterization films and echocardiogram studies from Great River Medical Center. He needed them to

do the surgery.

Julie and her husband volunteered to drive to Chicago to take the films and studies. Because she wanted to ensure they were delivered to the correct place, Julie went into the hospital, located the patient and gave the records to the patient's nurse.

With Julie's help, the patient's life-saving surgery could begin. Julie is a prime example of an EXCEL Service Hero.

Excerpt from Margo White's nomination



Margo is an amazing boss, nursing supervisor, co-worker and friend. She has a positive outlook on life and remains that way in any situation. She and I work hand-in-hand to make our neighborhood the best it can be.

Margo comes to work knowing her job is not only for our elders, but also for her staff. She has great leadership skills, and she is very professional. She sees the good in everyone.

When we learned last fall that a co-worker was experiencing kidney failure, Margo quickly applied to become a living donor. While going through extensive testing, she never let any of her elders or staff down. Margo donated a kidney to Samantha Ripple Jan. 21.

Casual days

Employees purchase \$2 stickers for the opportunity to wear jeans to work on designated Fridays. The next casual days and organizations they benefit are:

- March 11 Boy Scouts Friends of Scouting
- March 18 Iowa Donor Network



Flu visiting guidelines begin

Influenza has reached a late-winter peak in Iowa, prompting Great River Medical Center to activate flu visiting guidelines to protect patients and staff.

General visiting

People who are 14 or younger are not allowed to visit because they are at high risk for getting and spreading influenza. If you think you have the flu, don't visit patients. You may have the flu if you have:

- Body aches
- Cough or sore throat
- Diarrhea or vomiting
- Fever or chills
- Headache
- Runny nose
- Tiredness

Emergency Department

Visiting is limited to one adult. Patients who have flu-like symptoms will be asked to wear masks to protect others in treatment and waiting areas.

Obstetrics Unit

Only spouses or partners, grandparents and healthy siblings of the baby may visit. Siblings must be free from all flu symptoms for 48 hours before visiting.

Pediatrics Unit

If a patient is in isolation for any reason, visitors will be limited to parents and grandparents.

Headache topic of Great River Health Systems program March 31

Board-certified neurologist Anil Dhuna, M.D., FAAN, and nurse practitioner Kelly Sahr, will discuss headaches at 5:30 p.m. Thursday, March 31. The second program in the new 10-month Red Hot Mamas series will be in the Blackhawk Room on the lower level of Mercy Plaza, 1225 S. Gear Ave., West Burlington.

Hormonal fluctuations at menopause can increase the prevalence and intensity of headaches. The presentation will include information about migraine, tension and cluster headaches, including testing and treatment.

A light supper and door prizes will be available at the free program. Register online [HERE](#) or call 319-768-3491.

Red Hot Mamas is an ongoing program that educates women about physical and psychological changes as they age, and helps them make informed health care decisions. It has been educating and engaging women, and health care providers, since 1991. For more information, please visit www.redhotmamas.org.

Gift Shop open March 14 to 18

Great River Gift Shop will reopen temporarily from 8:30 a.m. to 12:30 p.m. Monday, March 14 to Friday, March 18, for an Out With The Old, In With The New clearance sale. New items will be added daily.

Cups & Cakes to reopen March 14

Cups & Cakes in Great River Medical Center's lobby will reopen at 8:30 a.m. Monday, March 14. Hours will be 8:30 a.m. to 12:30 p.m. Monday through Friday. A service of Great River Friends, Cups & Cakes offers a variety of beverages and treats including dessert bars, cookies, coffee, tea, juice and other beverages.

CAUGHT IN THE ACT

CIA

OF PROVIDING GREAT SERVICE

Dave Evans, Sleep Disorders Center

Dave worked a night shift after working all day to prevent canceling patients' sleep studies.

Barb Rich, Nutrition Services

Barb sprang into action to find solutions for a patient who disliked chicken broth.

LeAnne Shafer, Patient Financial Services-Patient Billing

LeAnne helped a patient find affordable health insurance.

Dana Strawhacker, Rehabilitation Unit

Dana provided tender-loving care to a patient by giving her a shower, putting makeup on her and painting her fingernails.

Calendar of Events

Events are in Mercy Plaza unless noted

April

- 7** \$5 Masquerade Jewelry Fair
8 a.m. to 6 p.m.
- 8** Jewelry fair, 7 a.m. to 3 p.m.

May

- 12** Books Are Fun Book Fair
9 a.m. to 5 p.m.
- 13** Book fair, 7 a.m. to 3 p.m.

September

- 29** Fall Trunk Show, 9 a.m. to 6 p.m.
Gift Shop

October

- 19** \$5 Masquerade Jewelry Fair
8 a.m. to 6 p.m.
- 20** Jewelry fair, 7 a.m. to 6 p.m.
- 21** Jewelry fair, 7 a.m. to 3 p.m.

November

- 10** Cookie Sale, 9 a.m. to 4 p.m.
- 10** Love Tree Sale, 9 a.m. to 4 p.m.
- 14** Luxury Linen Sale, 7 a.m. to 5 p.m.
Gift Shop
- 15** Linen sale, 7 a.m. to 3 p.m., Gift Shop

December

- 8** Books Are Fun Book Fair
8 a.m. to 5 p.m.
- 9** Book fair, 7 a.m. to 3 p.m.



A service of Great River Health Systems

EMPLOYEE PROFILE

Haley Ardila

Registration Clerk
Great River Urology



Start date:

Feb. 1

What does a typical day look like for you?

I answer the telephone, check patients in and out, and print charts from previous clinic visits.

What I wanted to be when I grew up:

A physical therapist

Hometown / Where I live now:

Burlington

Family:

My daughter, Peyton, 15 months

Things I enjoy:

Spending time with Peyton and reading romance novels

If you could choose anyone, whom would you pick as your mentor?

My mom, Barbara Mehaffy

What's your favorite line from a movie or television show?

"Nobody puts Baby in a corner." (Johnny Castle, "Dirty Dancing")

What is your motto or personal mantra?

Treat others as you would like to be treated.

People would be surprised to know:

I was a vegetarian for eight years, beginning with my freshman year in high school until 2013. I felt tired all the time because I wasn't getting enough protein.

Given a chance, who would you like to be for a day?

Jane Goodall, the world's foremost expert on chimpanzees

What's the most recent app you've downloaded?

A word search

Hidden talent:

I'm good at sports. I played basketball, volleyball and softball in high school.

What is your biggest achievement to date?

Having my daughter

PHYSICIAN PROFILE

Anne Grieves, D.O.

Obstetrician/Gynecologist
Great River Women's Health



Start date:

Nov. 9

What does a typical day look like for you?

I'm in the clinic daily unless a surgery is scheduled. When I'm on call, I deliver babies in Great River Women and Family Center.

What I wanted to be when I grew up:

A doctor

Hometown / Where I live now:

Billings, Montana / Burlington

Family:

- Husband, Mark Grieves, a certified registered nurse anesthetist at Great River Medical Center
- Four children, ages 16, 7, 5 and 4

Things I enjoy:

Spending time with family, reading, boating and swimming in the summer, watching movies

If you could choose anyone, whom would you pick as your mentor?

David Magellson, M.D. An excellent obstetrician/gynecologist, he was on staff at my residency program.

People would be surprised to know ...

My great, great relative Phillips Brooks wrote "Oh, Little Town of Bethlehem."

What's your favorite line from a movie or television show?

Many lines from the movie "The Princess Bride"

Given a chance, who would you like to be for a day?

Host of the Travel Channel's spa show

What's the most recent app you've downloaded?

Ibotta

Hidden talent:

Cake decorating

What is your biggest achievement to date – either personal or professional?

Giving birth to beautiful and healthy kids