

GREAT NEWS

GREAT RIVER HEALTH SYSTEMS

Sept. 20, 2017

Health system among Iowa's top workplaces

Great River Health Systems is one of the best places to work in Iowa, according to the Des Moines Register's 2017 Top Workplaces survey. The survey ranked 150 employers in small, midsize and large categories. The only hospital or health system named in the large-company category, Great River Health Systems ranked 21st.

This is the fifth consecutive year that Great River Health Systems has been named on the list.

"Being named one of Iowa's top large employers five years in a row is a great honor, and it certainly speaks to the culture of Great River Health Systems," said Mark Richardson, president and CEO. "Our people take great pride in working as a team to provide outstanding care to patients and families in the southeast Iowa region."

The Des Moines Register recognized companies and organizations in Iowa as top workplaces based solely on surveys about the workplace completed by their employees.

The anonymous survey focused on six aspects of the workplace environment including:

- Career – training opportunities and progression
- Conditions – assessment of the working atmosphere and environment
- Direction – assessment of the company's values, leaders and strategy
- Execution – assessment of how the company communicates and gets work done
- Management – quality and managerial skills
- Pay and benefits – assessment of associate compensation

If you're interested in a career at Great River Health Systems, click [HERE](#).



Physicians begin new Medical Explorers program Oct. 4

A kickoff meeting for a new Medical Explorers program is scheduled at 6:30 p.m. Wednesday, Oct. 4, at Burlington Area Family Practice Center, 1201 W. Agency Road, West Burlington. It will be led by family physicians Laura Hadden, M.D., and Doug Peters, M.D.

Medical Explorers is a career-exploration program for 14- to 20-year-olds. It provides opportunities to learn about many health care jobs and meet with professionals already working in those fields. Exploring helps students:

- Build self-confidence
- Develop leadership skills
- Gain volunteer opportunities
- Obtain unique career experiences and network

Medical Explorers will meet at least monthly at a time chosen by group members. There is a \$40 fee. Parents are encouraged to attend the kickoff to learn more information. People who are interested in the program but cannot attend may call 319-753-2798.

Health care careers are challenging and rewarding. High-demand jobs include registered nurse, home health aide, medical assistant, pharmacy technician, medical secretary, physical therapist and emergency medical technician/paramedic.



Health Careers Workshop Noon to 3 p.m. Thursday, Oct. 5 Great River Medical Center

The workshop for high school students and others will include a brief tour of Great River Medical Center, information about a variety of health careers and opportunities to meet health care professionals in more than 15 fields.

The registration deadline is Thursday, Sept. 28. For more information, or to register, please call Great River Corporate Education at 319-768-4070.

Walk to End Alzheimer's Oct. 14

The southeast Iowa Walk to End Alzheimer's is scheduled Saturday, Oct. 14, at the Port of Burlington, 400 N. Front St. Registration will begin at 9 a.m., and a ceremony followed by the two-mile walk will begin at 10:30 a.m. Great River Health Systems is a sponsor.

Every year, more than 490,000 people in more than 600 communities come together for the walk sponsored by the Alzheimer's Association. It is the world's largest event for raising awareness and money for Alzheimer's care, support and research.

For more information about the walk, including registration, click [HERE](#)

CAUGHT IN THE ACT

CIA

OF PROVIDING GREAT SERVICE

Comments are from “You’re a Great Person at Great River” cards. Employees, patients and family members use the cards to recognize employees who demonstrate Great River Health Systems’ EXCEL and STEEEP values.

Beth Morris, Great River Cancer Center

“Beth ordered a cancer awareness T-shirt online for a patient who doesn’t have internet access.”

Sam Thompson, Information Systems

“Sam noticed my laptop’s fan was making a noise, so he ordered a new fan and addressed other technical issues.”

Wes Price, Environmental Services

“Wes showed a patient’s family how to put on gowns before going into an isolation room.”

Bonnie Dixon, Day Surgery

“Bonnie eased my anxiety with her friendly approach. She provided great education and care!”

Mark Grieves, CRNA, Surgical Services

“Mark helped clean the operating room during turnover and set up the anesthesia machine.”

Jan Keitzer, Burlington Area Family Practice Center

“Jan used her free time to pull weeds around the clinic to improve first impressions.”



Family practice clinics offer flu shots to patients

Burlington Area Family Practice Center and Great River Family Practice Center are offering flu shot clinics to their patients. Appointments are required. Insurance companies, including Medicare, will be billed.

**Great River Family Practice Clinic
319-768-1570**

9 to 11:30 a.m.

1 to 4:30 p.m.

Wednesdays, Sept. 27, Oct. 4

Thursdays, Sept. 28, Oct. 5

**Burlington Area Family Practice Center
319-754-4242**

1:30 to 4:30 p.m.

Tuesdays Oct. 10, 17, 24, 31

Wednesdays, Oct. 11, 18, 25; Nov. 1

Thursdays, Oct. 12, 19, 26; Nov. 2



Room with a view

A new mural is the centerpiece of the renovated Pediatrics Unit playroom. The project also includes new toys that can be cleaned easily, and books and magazines. Great River Friends donated \$500 to purchase books, and Altrusa International Burlington donated six monthly subscriptions to two National Geographic children's magazines.

To prevent infection, young patients will keep the reading materials they choose. The Pediatrics Unit is seeking donations of money or new books for newborns to early teens to maintain its supply. For more information, please call Desiree Stumpf at 319-768-2707.

The Pediatrics Unit recently purchased two electronic tablets for children who are having surgery. Playing games or watching television shows on the devices until children enter the operation room helps reduce anxiety.



Red Hot Mamas

**Red Hot Mamas is a free
Great River Health Systems
educational series
for women**

Session 8:

"Incontinence"

Speaker:

Brandy Parker, ARNP

Great River Urology and
Great River Medicine Specialists

5:30 p.m. Thursday, Sept. 28

Blackhawk Room

Lower level, Wellness Plaza

1401 W. Agency Road, West Burlington

Learn about types of urinary incontinence, and nonsurgical and surgical treatments.

Don't miss this free opportunity for education and a good time. **Register [HERE](#).**

 **Great River
Health Systems**

Casual days

Employees purchase \$2 stickers for the opportunity to wear jeans to work on designated Fridays. The next casual day and organization its benefits is:

Sept. 22 United Way

Letters

Thank you for your casual day contributions to support the Eating Disorder Coalition of Iowa (EDCI). We work hard to advocate for lowans struggling with eating disorders, and to educate the public and professionals. Eating disorders continue to be the mental illness with the highest mortality rate. Your contributions allow us to continue this life saving work.

— Michelle Kuster and the EDCI Board of Directors

Thank you for selecting Children's Oncology Services as one of your casual day charities. We appreciate your support. Your generous donation will help us continue to provide empowering, supportive and fun camps and programs for pediatric cancer patients and survivors.

— Children's Oncology Services team

I am so grateful for the donation in the amount of \$475.30 from the casual day event. The entire amount is paid to the volunteer drivers who provide low-income seniors rides to their medical appointments. We pay our drivers 45 cents per mile from their home and back again.

Last fiscal year, we drove 9,733 miles and paid our drivers \$4,379.85. Because our funds have been reduced, we are constantly looking for fundraising events such as yours. RSVP says thank you very much for your support.

— Mary Maine, volunteer coordinator

Fall Trunk Show

9 a.m. to 6 p.m.

Thursday, Sept. 21

Great River Gift Shop

Hospital lobby

Save 20 percent
storewide*

(only a few exclusions)



 Great River
Health Systems
GIFT SHOP



Miles & MEMORIES

BENEFITING
Great River
Health Systems
HOSPICE

PRESENTED BY
TWO RIVERS
BANKING · INVESTMENTS · INSURANCE

5K RUN/WALK (TIMED & UNTIMED) WITH 1 MILE STROLL

Saturday, Nov. 4, 2017 | 10 a.m. | Great River Hospice House

1306 S. Washington Road, West Burlington

For questions, please contact Missy Allen at 319-768-3352 or grmilesandmemories@gmail.com.

Register online at <https://register.chronotrack.com/r/31996>

Registrations must be received or postmarked by 10/17/17 to qualify for the \$20 entry fee and to be guaranteed a commemorative T-shirt. Starting 10/18/17, the entry fee increases to \$25.

5K RUN/WALK (TIMED)

\$20

\$25 Starting 10/18/17

Chip timed. No strollers, please

CATEGORIES

- ★ 9 & Under ★ 10-14 ★ 15-19 ★ 20-29
- ★ 30-39 ★ 40-49 ★ 50-59 ★ 60+

AWARDS

Medals for top 3 males and females in each age category

5K RUN/WALK (UNTIMED)

\$20

\$25 Starting 10/18/17

No strollers, please

1 MILE STROLL (UNTIMED)

\$20

\$25 Starting 10/18/17

Strollers and wheelchairs welcome

MEMORIAL FLAGS

\$25

Flag Only

\$35

Flag & Stand



Traditional Sample Wording:
In Loving Memory of
John David Doe
January 13, 1941 - April 8, 2010

PERSONALIZING YOUR FLAG: Flags can be imprinted with text only or with text and a photograph.

PHOTOS: To personalize a flag with a photo, photos must be emailed to grmilesandmemories@gmail.com with a message stating who is featured in the photo. Or, you can mail a copy of your photo with the order form. NO ORIGINALS, PLEASE.

RETURN/MAIL FLAG ORDER FORMS TO:

Great River Hospice, Attn: Missy Allen, 1306 S. Washington Road, West Burlington, IA 52655.

Make checks payable to Miles & Memories 5K Run/Walk.

PICKING UP YOUR FLAG: Please pick up your flag immediately following the race or at the Great River Hospice office between 8 a.m. and 4:30 p.m. weekdays.

SCHEDULE OF EVENTS

The Miles & Memories 5K Run/Walk will take place rain or shine; no refunds.

FRIDAY, NOV. 3

4-5:30 PM

Early packet pick up & registration
Great River Hospice House

SATURDAY, NOV. 4

8:30-9:30 AM

Early packet pick up & registration
Great River Hospice House

9:45-10 AM

Call to start line
& opening ceremony

10 AM

Start of 5K Run/Walk & 1-Mile Stroll

11 AM

Awards ceremony

AFTER AWARDS

Refreshments served in race tent

EAR BAND

\$14



EMPLOYEE PROFILE

Susan McCone

Medical Technologist, Laboratory

Start date:

October 1998

What a typical day looks like for me:

I've always worked second shift because I'm not a morning person. I tell people I work with things people normally throw away – sputum, stool, urine and blood. I perform tests on samples drawn at clinics during the day, and do tests for inpatients and Emergency Department patients as they come in.

What I wanted to be when I grew up:

I thought I wanted to be nurse. But when I was a candy striper, I realized I'm not a people person. Working in the Laboratory allows me to help people in a medical specialty I enjoy.

Hometown / Where I live now:

Burlington / West Burlington

Family:

- Sister and brother-in-law Lori and Darryl Cox, and their adult children Sarah, Andrew and Ryan
- Sister and brother-in-law Judy and Neal Bellon, and their adult children Janis, Logan and Dylan
- Brother and sister-in-law Gary and Jean Reeves

Lori, Darryl and Sarah work at Great River Health Systems.

My motto or personal mantra:

It's going to be better – maybe not today, maybe not tomorrow, but eventually.



Things I enjoy:

My little Boston terrier, Harriett, and I do everything together. She's a rescue dog. I like reading romances because they always have happy endings, and I enjoy spending time with my sister Lori and her family.

People may be surprised to know ...

In 1976, I started working in a small hospital laboratory that performed lab tests, X-rays and EKGs. We were trained for them all. Things have changed a lot in 40 years.

Hidden talent:

I like making crafts I find on Pinterest.

My biggest achievement:

Going back to school and earning my bachelor's degree while working full time